name: _____ date of birth: _____ date: _____

RBD-diagnosis in vPSG on: _____ RBD-medication: _____ since: _____

beginning of acting out: _____

Ikelos-Rating Scale (Ikelos-RS)

Instructions: A) RBD severity assessment is always based on bedpartner's report (double-blind rating scale); **observation period is initially the last six months** or since last Ikelos-RS or since last medication change related to RBD; in case of changes, evaluate "last before beginning", non-representative occurrences should be noted, e.g., single fighting, first days after starting melatonin; **B)** time of daily intake must be recorded; **C)** under **frequency**, any RBD motor activity/vocalization is subsumed, under **expression**, the most severe is recorded; **D)** under **comments**, RBD-relevant particularities are to be noted, e.g., concomitant N-REM parasomnia, changes: RBD-medication, RBD-influencing medication (beta blockers, alpha blockers, antidepressants, anesthesia), clinical signs of synucleinopathy.

information provided by: bedpartner: - directly: ___   -indirectly: ___   patient alone: ___

time of intake (in case of changes): _____

frequency:			**expression:**	
never		0	talking/slight distal movements	0
per month:	≤ 2 (-3) times	1	shouting/complex movements without aggression	1
per week:	1 (-2) times	2	complex movements with (risk of) injury	2
per week:	3 - 5 times	3	leaving the bed	3
per week:	daily/ (6-) 7 times	4		

total: _____

comments:

CGI- Clinical Global Impressions[1]

CGI-Severity		**CGI-Improvement**	
Considering your total clinical experience with this particular population and indicate your assessment of the patient's current degree of illness.		Assess the overall change in condition, not just the result of the medication treatment. Please compare the patient's current condition to the condition at the beginning of treatment. Indicate to what extent the patient's medical condition has changed.	
not assessable	0	not assessable	0
normal, not at all ill	1	very much improved	1
borderline ill	2	much improved	2
mildly ill	3	minimally improved	3
moderately ill	4	no change from baseline	4
markedly ill	5	minimally worse	5
severely ill	6	much worse	6
extremely ill	7	very much worse	7

[1] Guy, W. (1976). *Clinical Global Impressions*. ECDEU Assessment Manual for Psychopharmacology, revised. Rockville: NIMH, 218-222.